**Important Anaphylaxis Notice**

We have students who are at risk of severe allergic reaction to some food items. **This condition is potentially life threatening.** Please do not send nut-based products to school with your child’s recess or lunch. Products include peanut butter, Nutella, sesame seed, loose nuts, muesli, nut or chocolate bars.

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**Noticeboard**

**The Weekly Newsletter from Merewether Heights Public School**

**Phone:** 02 4963 3192  **Fax:** 02 4963 3714

**Web:** [www.merewethht-p.schools.nsw.edu.au](http://www.merewethht-p.schools.nsw.edu.au)  **Email:** merewethht-p.school@det.nsw.edu.au

**School Security Unit – 1300 880 021**

<table>
<thead>
<tr>
<th>Event</th>
<th>Class</th>
<th>Activity Date</th>
<th>Cost</th>
<th>Note</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disco</td>
<td>K-6</td>
<td>Thursday, 26 June</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Last Day of Term 2</td>
<td>K-6</td>
<td>Friday, 27 June</td>
<td></td>
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<tr>
<td>Pupil Free Day</td>
<td>K-6</td>
<td>Monday, 14 July</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Students Return</td>
<td>K-6</td>
<td>Tuesday, 15 July</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interrelate Family Night</td>
<td>K-6</td>
<td>Thursday, 17 July</td>
<td>$25 or $30</td>
<td>Yes</td>
<td>Wed, 16 July</td>
</tr>
</tbody>
</table>

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**From the Principal...**

**Dear Parents**

How quickly the first half of the year has gone! Having read all the student reports and looked back over the term I am very happy with what has been achieved. I would like to thank all the school staff for their tremendous work and dedication to providing a quality education for the children here. I would also like to thank all the parents who both give generously of their time at the school and who also provide a loving and supportive home environment. The role you play in the education of your children is so vital!

Have a safe and enjoyable holiday and we will see the children back here at school on Tuesday 15 July.

**Early Stage One Awards:** Buddy L, Bede M-S, Eleanor M, Chase McC, Max J, Maeva O’N

**Stage One Awards:** Layla S, Charlie T, Nina W, Annalise D, Tyler S, Jacob S, Lucia S, Ellie K, Taye H, Reuben T

**Stage Two Awards:** Cohen H, Ky M, Noah C, Olivia M, Sophia M, Sebastian C, Elyse B, Oscar M

**Stage Three Awards:** Brielle P, Rhomany F, Milly S, Sophie B, Matthew S, William M


Steve E

Principal
From the Office...

HAVE YOU RECEIVED?

- Medical Information form – we just have a few students who have not returned this form. Another form was sent home with these students last week. Please complete this form and return to the school office to enable us to update medical information, family details, contact telephone numbers and emergency contact telephone numbers.
- Textbook account – all students: Payment for textbooks was due on Friday, 14 March. If you have not paid for textbooks please do so as soon as possible. An account for outstanding textbook money was sent home with the newsletter earlier this term.
- An orange note titled General Permission to Publish and Disclose Information for all students. This form was due by Friday 16 May, 2014. Please ensure this form is returned to school as soon as possible.
- A permission note for sport for terms 2 and 3 for students in Years 3 to 6. Please return this form as soon as possible.
- Green note requesting Voluntary School Contributions.
- Pink Term 2 payment schedule, with payments due in Term 2.

ETHICS TEACHER NEEDED

Our school is looking for another volunteer Ethics Teacher to teach Ethics classes to our Stage 3 students and Kindergarten. This can be anyone from the school or wider community. When we find a volunteer we can start Ethics classes for these stages.

If you are interested look at www.primaryethics.com.au for information on the role and how to apply. You can also contact me, Louise Wills, Merewether Heights Ethics Co-ordinator on 0406 321 399 or email wills.craiglouise@gmail.com.

NOTICEBOARD BY EMAIL

Would you like to receive the weekly newsletter by email? We have the option for parents to receive the newsletter each week direct by email. This will ensure that parents receive the newsletter and have the added benefit of reducing the amount of paper used in its production. We will not be providing a paper copy of the newsletter to families who have one emailed to them. For those families without internet access, a hard copy of the newsletter will be provided for you. If you would like to receive the weekly newsletter by email, would you either:

- Email the school and type “newsletter” in the subject line. We will then assume that you would like the newsletter emailed direct to you and we will also then have the email address to forward it to. All email address will be BCC when Noticeboard is sent, so you can be assured that we will not be sharing your email address with others. If your email address should change, it will be your responsibility to notify the school office.
- Complete the tear off slip located in this newsletter. Please ensure that your email address is complete.

ALL FAMILIES WHO RECEIVED THEIR NOTICEBOARD BY EMAIL LAST YEAR WILL CONTINUE TO DO SO FROM NEXT WEEK AND DO NOT HAVE TO SUBMIT A NEW FORM. ALL NEW FAMILIES WHO RETURN THE FORM WILL RECEIVE THEIR NOTICEBOARD BY EMAIL AS FROM NEXT WEEK.
When kids ask “the” questions . . .

Interrelate has the answers!

Interrelate’s high quality sexuality and relationship education program is coming to your school! With more than 85 years’ experience in this field, Interrelate has a reputation for providing excellence in sexuality and relationship education. Today over 41,000 students and family members participate in Interrelate school and family programs each year.

Many parents find it hard to discuss or answer questions relating to sexuality education . . . We know how to ‘help break the ice’. Interrelate programs are interactive, family focused and presented in the context of caring relationships. Our fully trained and experienced educators, who adhere to a strict code of ethics, conduct the program.

Session 1: “Where Did I Come From?”
1 hour – Years 3, 4, 5 & 6
In this session children are eager to learn more about how their bodies work and the differences between males and females. This session extends their understanding of conception, fertilisation, foetal development and the birth process.

Session 2: “Preparing for Puberty”
1 hour – Years 5 & 6
This session helps to prepare children and parents/caregivers for the physical, social and emotional changes associated with puberty. Changing emotions and relationships with families and peers are addressed. Information is also presented on menstruation and wet dreams.

You and your child will benefit from the information presented in this program. The feedback is overwhelmingly positive. What parents have said about us:
“The educator has a great way of putting things simply” “Provided me with a solid foundation”
“Covered areas I hadn’t thought of talking about” “Entertaining and informative”

Interrelate SCHOOL SERVICES presents
A SPECIAL EVENING PROGRAM

FAMILY COST: 1 session $25 per family  •  2 sessions $30 per family
Please Note: The Family Cost is GST exclusive
The GST is payable/claimable by the School/Organising Body

Where: MEREWETHER HEIGHTS PUBLIC SCHOOL
When: Thursday, 17th July 2014
Time: 6:00 pm SHARP (“Where Did I Come From?”)  •  7:15 pm (“Preparing for Puberty”)

Please Note: Speciality books are available for purchase on the night.

                        Please complete and return to the school office, with payment in an envelope labelled with student’s name and class

A SPECIAL EVENING PROGRAM

Name of Family: ..................................................................................................................

No. attending: □ Session 1: “Where Did I Come From?” □ Session 2: “Preparing for Puberty”

Amount enclosed: $ ..................... □ Cash □ Cheque (please make cheques payable to school)

Tel: (02) 8882 7875  •  Fax: (02) 8882 7890  •  schoolservices@interrelate.org.au  •  www.interrelate.org.au

Our advertisers support our school but please be aware that advertisements appearing in Noticeboard are not an endorsement by the school.
KINDER ORIENTATION

Kinder Orientation will be held on Thursday, 11 September 2014. Invitations will be sent to all the children who have indicated they will be enrolling here next year. Should you know of anyone who has a child to enrol next year, please ask them to do so as soon as possible so they will receive their invitation.

DONATIONS OF TISSUES

As the weather is colder, we find students in need of tissues throughout the day. Donations of boxes of tissues for use in the classroom or sickbay would be greatly appreciated. Donations can be left with the class teacher or at the school office.

From the Teachers...

Interrelate will be offering the programs at our school on Thursday, 17 July.
Primary Session 1 – Years 3 - 6 – 6.00 pm. Primary Sessions 2 – Years 5 -6 – 7.15 pm.
Brochures were sent home with students in Years 3 to 6.

Follow us on Twitter @MerewetherHtsPS
LIBRARY NEWS

The library will be having a second-hand book sale of all books no longer required in our school library on Thursday, 26 June, outside the library at recess and lunch.

All books will cost 20 cents each. Come and grab a bargain!!

DISCO – Thursday, 26 June 2014

Our Term 2 Disco will be held on Thursday, 26 June.

Our infants disco for Kindies, Years 1 and 2 is on from 5.30 - 6.45 pm. The primary disco for students in Years 3 - 6 starts at 7.00 pm and finishes at 8.30 pm. To cover costs, the entry fee is $5.00 per student. Each student receives a packet of chips and a drink as part of the $5.00 cost.

Face painting will be available for a gold coin donation.

The disco is for our school children only - please no pre-schoolers, high school students or parents in the hall. We have a safety barrier to clearly show and restrict the movement of the children. We do this for safety reasons and this has worked well in the past.

Food that is purchased must be eaten before entering the disco.

Food for sale on the night will include:

- Sausage Sandwich $2.50
- Cupcakes & Slices $0.50
- Drinks $1.50

STAGE 3 OZTAG GALA DAY

A new date has been allocated for the Oztag Gala Day – Wednesday, 30 July. A new permission note will be sent home shortly.

Oztag Expression of Interest: thank you to those who have indicated they would like to play Oztag in the after school competitions in Term 4. The Oztag representatives will be coming to train those students during Friday sport next term and will advise me which dates they will be attending. I will let parents know the dates as they become known.

Amanda M

From the Parents...

CLOTHING POOL

If anyone would like to volunteer for the clothing pool, Tuesdays 9-9.30am, for term 3, please leave your name and number at the office or contact Sharron S. Mobile 0423331057 or email: sstudley3@bigpond.com

The Clothing Pool will be opened every Tuesday from 9.00 – 9.30 am. Alternatively, uniform order forms can be located at the office. Please complete and return with payment. The order will be filled on Tuesdays and sent home with your child.

Sharron S
**Canteen Roster**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Roster Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>25/6/14</td>
<td>Jo P-D, Sam B</td>
</tr>
<tr>
<td>Thursday</td>
<td>26/6/14</td>
<td>Reanna S, Belinda H</td>
</tr>
<tr>
<td>Friday</td>
<td>27/6/14</td>
<td>Megan S, Justine C</td>
</tr>
<tr>
<td>Monday</td>
<td>14/7/14</td>
<td><strong>Pupil Free Day</strong></td>
</tr>
<tr>
<td>TUESDAY</td>
<td>15/7/14</td>
<td><strong>Canteen Closed</strong></td>
</tr>
<tr>
<td>Wednesday</td>
<td>16/7/14</td>
<td>Kim B – <strong>Counter Sales Only</strong></td>
</tr>
<tr>
<td>Thursday</td>
<td>17/7/14</td>
<td>Kim B – <strong>Counter Sales Only</strong></td>
</tr>
<tr>
<td>Friday</td>
<td>18/7/14</td>
<td>Kim B, Prya R</td>
</tr>
<tr>
<td>Monday</td>
<td>21/7/14</td>
<td>Louise J, <strong>Volunteer needed</strong></td>
</tr>
<tr>
<td>TUESDAY</td>
<td>22/7/14</td>
<td><strong>Canteen Closed</strong></td>
</tr>
</tbody>
</table>

**Canteen Roster – Term 3**

Rosters for Term 3 are being sent home today with your child. If you do not receive your copy please ask at the office for another one.

**Canteen Roster Vacancies 2014 Term 3**

Below is a list of days where help is needed in the Canteen. If you are able to help out on any of these days please contact Kim (0421336626) or see her in the Canteen. Any help you can give would be appreciated.

Thanks.

- **Week 2:**
  - Monday 21/7/14 9.30 am – 2.15 pm
  - Friday 25/7/14 9.30 am – 2.15 pm
  - Friday 25/7/14 9.30 am – 2.15 pm

- **Week 7:**
  - Monday 25/8/14 9.30 am – 2.15 pm
  - Wednesday 27/8/14 9.30 am – 2.15 pm

- **Week 10:**
  - Wednesday 17/9/14 9.30 am – 2.15 pm

**Community Notices…**

**Register Now for Unload Creative Writing Workshops in Term 3!**

Unload is a fun creative writing programme offered here at Merewether Heights Public School. Each week students experiment with language through word games, writing activities and story-telling. *Double, double, toil and trouble ..*

Next term Unload will be mixing together words, skills and senses to create some delicious concoctions, including a collaboration with The Red Room Company on the 2014 Poetry Object.

Who: Students from Year 3-6 (open to younger enthusiasts on request)
Where: Library
When: Monday, 8.10 -9.10 am (starting week 2)
Cost: 9 weeks @ $120 per child
Numbers limited to 15 per class

For further information [www.unload.org.au](http://www.unload.org.au) or contact Suzie - [suzie@unload.org.au](mailto:suzie@unload.org.au) 0409 409 141

**Lake Macquarie City Art Gallery** is running a school holiday fun program for children which will include Paint the Landscape, Art from Nature, The Rainbow Connection, Connect to Country and Tie-dye and Print. Costs vary between $12 - $20 per program. Bookings are essential on 4965 8260 or E: [artgallery@lakemac.nsw.gov.au](mailto:artgallery@lakemac.nsw.gov.au).
DISCO
Thursday 26 June

Drinks $1.50
BBQ | Sausage Sandwiches $2.50
Baked Goods | Cupcakes | Slices 50c
Face painting gold coin donation from 5:30pm

Come along and let's celebrate the end of a great semester while raising funds for our school.

Our advertisers support our school but please be aware that advertisements appearing in Noticeboard are not an endorsement by the school.
Are you getting tired of the
“WHAT’S FOR DINNER?” QUESTION???
Are you looking for a healthy option for the family when you
just simply can’t find the time to cook?

WELL WE HAVE YOUR ANSWER!!!

Introducing THE VITAL METHOD,
proudly providing balanced, whole, nutritious &
genuinely healthy meals for you and your family!
Our pre-order system can be accessed online at:
www.theproductmethod.com.au OR give us a call on (02) 49632 882.

We have a seasonal fortnightly menu that is set on rotation so that you
don’t have to put any thought into the food, just simply choose the
nights that are convenient, order & call in to our Patrick Street
location to collect your dinner, or we can
deliver home to your door!

No need to cook, no need to feel guilty!

Just enjoy our fresh, wholesome food made with love from
produce sourced fresh on the day!

EASY, CONVENIENT AND AFFORDABLE with

FAMILY MEALS from $50.00 (serves 4)

The Vital Method
40 Patrick Street Merewether
eat@thevitalmethod.com.au
**Pivot Netball Academy** is hosting a school holiday development program during the July school holidays for children turning 8-13 years in 2014. They also offer an after school junior netball program in 2014. For further information contact email: jula@pivotnetball.com.au.

**NSW Sport and Recreation** have a number of fun and exciting holiday camps for kids aged 5-16 years. These are led by qualified instructors and include activities such as fishing, mountain biking, kayaking, abseiling, rock climbing, cooking and snow camps. For full details including program descriptions, head to our website at www.dsr.nsw.gov.au/kidscamps.

**Newcastle Region Library** will be running great activities at all library branches during the school holidays. Call into your local library for a brochure.

Hamilton Library is running **Awabakal Storytime** on Tuesday, 8 July at 10.30 am for children aged 4-8 years. This is a free 50 minute activity.

**Wallsend Touch Association** invites your children to play a fun team sport that does not cost a fortune, is run at the same venue each week, has no individual training night and only takes 30 minutes playing time out of your busy schedule. Team and individual entries from boy, girls and mixed, 9s and under up to 17 and under. Plus our CUBS Program for the littlies (4,5 & 6 years). Register now at www.wallsendtouch.com.au.

**Young Writers Centre** is holding a Young Writers Holiday Workshop at the City Library Theatrette on Tuesday, 1 July, 10 am – 2 pm for 13-15 year olds and Thursday, 3 July, 12 noon – 4 pm for 10-12 year olds. Book at www.hunterwriterscentre.org

**The City of Newcastle’s** July school holidays brochure is now available online. Visit our school holiday’s webpage to download the brochure and see what’s happening these school holidays: http://www.newcastle.nsw.gov.au/about_newcastle/events/school_holidays
National Parks and Wildlife Lower Hunter Area has a number of school holiday programs operating in July including Roll & Stroll with Bubs and Tots at Blue Gum Hills Regional Park, Westlakes NAIDOC Week at Toronto Foreshore, WilderQuest Cultural Adventure at Sugarloaf State Conservation Area, WilderQuest Colonial Bushcraft in the Park at Awabakal Nature Reserve, Wonderful Whales and Birds at Awabakal Nature Reserve and Walks for Women at Glenrock State Conservation Area, Hunter Wetlands National Park/Ash Island and Awabakal Nature Reserve. Fees may apply. For bookings and information call 49464112.

Newcastle City Council is holding a Junior Ranger Fun Day. To coincide with NAIDOC week, children will learn about Australia’s Indigenous culture through craft, games and interactive activities at Richley Reserve top flat (entry off Freyberg Street) on Tuesday, 8 July, 11 am – 1.00 pm. Free Sausage sandwich for children, $1 each for adults. Drinks available for purchase. No bookings required. Compulsory parental supervision at all times. Children must wear fully enclosed shoes. For further enquiries ring 4904 3344.

Alphabet Street, Wests, is inviting you to join bestselling author of the Alice-Miranda and Clementine Rose series, Jacqueline Harvey, at a special Children’s High Tea to celebrate the release of her latest Clementine Rose adventure on Thursday, 3 July at 10.00 – 11.30 am, 12.30 – 2.00 pm and 3 – 4.30 pm at Hobarts Restaurant, Wests, New Lambton. The cost is $25 per person or adults can enjoy tea and scones at Trattoria for $9 per person while kids are enjoying their time with Jacqueline. Bookings to info@alphabetstreet.com.au by Wednesday, 25 June or until sold out.

Ethics Classes at M.H.P.S - BECOME A VOLUNTEER ETHICS TEACHER

Join an active and growing community in Newcastle
Teach children how to think not what to think
Flexible working environment

An Ethics Teacher
✓ Engages children in learning about ethics
✓ Is a good listener with a genuine interest in helping young people
✓ Commits to teaching one class each week during school terms

Ethics Teachers undertake
✓ Police and Working with Children checks
✓ Full free training in Primary Ethics curriculum delivery
✓ Ongoing online training

Learn more and apply online www.primaryethics.com.au
or contact Louise Wills, Ethics Coordinator, at e: wills.craiglouise@gmail.com or p: 0406 321 399
NOTICEBOARD BY EMAIL

I wish to receive the Noticeboard via Email. I understand that I will no longer receive a hard copy.

**Name of eldest child and class** *(please print clearly)*

Name: ................................................................. Class: ......................

**Email address** *(please print clearly)*

Email address: ........................................................................................................

Parent Signature: ................................................................. Telephone No .........................

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CREDIT CARD PAYMENT

Merewether Heights Public School

The School will accept VISA and MasterCard payments Only

Student Name: ______________________________ Class: ________

Amount: ________________ For: ...............................................................

□ MasterCard □ VISA

Cardholders Name: ____________________________ Phone: ______________

Card Number: _________ _________ _________ _________

CCV Number: _________ Expiry Date: ________/________

Signature of Cardholder: ____________________________ Date: ______________
Merewether Heights OOSH & Vacation Care Program – July 2014

<table>
<thead>
<tr>
<th>Monday 30th June</th>
<th>Tuesday 1st July</th>
<th>Wednesday 2nd July</th>
<th>Thursday 3rd July</th>
<th>Friday 4th July</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter Wonderland Talent Show Day</td>
<td>All About Mexico Day</td>
<td>Young Peoples Theatre 10 and older, Or Megamania for 5–9 year olds.</td>
<td>Pedal Go Karts and Jumping Castle Day!!</td>
<td>Free Excursion Movies How To Train Your Dragon 2</td>
</tr>
<tr>
<td>Wear your onesie or PJs to VC and perform in our talent show</td>
<td>Come and make a paper poncho and sombrero and do metal tooling. Don’t know what it is? Then come along Amigos and find out! Make Tacos for afternoon tea.</td>
<td>Cost $15 per person lunch included. Limited places book early</td>
<td>Additional Cost $5 Popcorn and Drink Combo</td>
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<tr>
<td>Make tea cups and hot chocolates</td>
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Monday 7th July
NAIDOC Celebrations and Art Day
Hand prints in Aboriginal colours on collage for room. Karen has supplied the info

Tuesday 8th July
Andy Devine Art
Our World Famous Mr Devine returns Making Art inspired by the Gruffalo and Where the Wild Things Are....

Wednesday 9th July
Christmas in JULY Party Day
Make Yummy Christmas food and make Christmas Decorations

Thursday 10th July
Free Excursion Tennis Day at Belmont tennis courts. Come along and try playing tennis or have a game if you know how. Please bring a racquet if you have one.

Friday 11th July
JD’s World Of Magic Show and Pizza Day

Pupil Free Day
14th July
Excursion to see Rio 2

Return to School
Term 3 Begins 15th July

Big Kids Club Optional Activities (Year 5 and up)

<table>
<thead>
<tr>
<th>Monday 30th</th>
<th>Tuesday 1st</th>
<th>Wednesday 2nd</th>
<th>Thursday 3rd</th>
<th>Friday 4th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transformers Movie (M Rating)</td>
<td>Visit To Speers Point Park (Weather Permitting)</td>
<td>Young Peoples Theatre Cost $15 pp</td>
<td>Jumping Castle and Pedal Go Karts</td>
<td>Movies - Train Your Dragon or Maleficent (rated M) Cost $5 pp</td>
</tr>
<tr>
<td>Cost $5 pp</td>
<td>Free Excursion</td>
<td>Cost $15 pp</td>
<td>Cost $5 pp</td>
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</tbody>
</table>

Monday 7th
Visit to Blackbutt Reserve (Weather permitting)

Tuesday 8th
Extreme Go Karts Cost $25 pp

Wednesday 9th
Coughlans Swim Centre (indoors and heated) Cost $5 pp

Thursday 10th
Tennis Day Free Excursion

Friday 11th
Magic Show and Pizza Day

To Obtain a Full Copy of Our Program Please visit our website at www.merewetherheightsoosh.com
Email our staff: merewetherheightsoosh@hotmail.com or Call us on 4963 5654 or SMS 0412 787 605. We look forward to hearing from you soon!

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